



get into life

Get Active Program - Making Moments is an 8-week course of physical activities to help you get into life.

Places are limited so express your interest today!

when

Commencing Tuesday 4th October 2022
Sessions will be weekly from 4pm to 6pm

rsvp

Expressions of Interest will close Friday 23rd
September 2022

contact

mcopping@csys.com.au for more information or to
express your interest