



Womensport&recreationTasmaniaInc

Get Active Program

Southern Midlands Oatlands

Would you like to meet new people and make friends?

Learn how to set goals and achieve them?

Would you like to do something for you?

Want to have some fun?

If your answer is YES – then come along and join us

Where: Oatlands Aquatic Centre surrounds

When: Thursdays 10th August-28th September

Who: If you are aged over 50

Cost: Free



For more information or to register please contact:

**Oatlands Aquatic Centre 62545024 or email
oackiosk@southernmidlands.tas.gov.au**

The Get Active Program (GAP) is a statewide initiative that promotes involvement in physical activity and supports participants to improve their health and wellbeing.



GAP is proudly owned by Womensport and Recreation Tasmania Inc. and is delivered with support from the Department of Health Tasmania, and in partnership with many organisations across the state.

For more information visit www.wsrt.org.au or like us on Facebook



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