



Womensport&recreationTasmania Inc

Get Active Program

North Bruny

Would you like to meet new people and make friends?

Learn how to set goals and achieve them?

Would you like to do something for you?

Want to have some fun?

If your answer is YES – then come along and join us

Where: Lennon Memorial Hall, Dennes Point

When: Monday 23th May - Monday 18th July 2022, 1-3pm

Who: men and women aged 65+

Cost: \$2 per session

Other: tea & coffee included



For more information or to register please contact:

Jackie - jackiemarsh7@gmail.com

The Get Active Program (GAP) is a statewide initiative that promotes involvement in physical activity and supports participants to improve their health and wellbeing.

GAP is proudly owned by Womensport and Recreation Tasmania Inc. and is delivered with support from the Department of Health Tasmania, and in partnership with many organisations across the state.

For more information visit www.wsrt.org.au or Like us on Facebook 



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