



Fitness Fillies Get Active Program

27th of July - 28th of September

Location: George Town Neighbourhood House
1:30pm - 3-30pm

For more information or to book in call the Hood on
0363123019

**Ladies lets prioritise our well-being by getting active!
Exercise not only improves our physical health but also
boosts our mood and overall happiness. So let's lace up
those sneakers, hit the Hood, for our Fitness Fillies Get
Active Program. Our bodies and minds will thank us for it!**

