



Womensport & Recreation Tasmania Inc.

Get Active Program

We are looking for MEN who want to get fitter, stronger and healthier?

If this is you - then come along and join us

Where: Claremont Girl Guide Hall
5 Box Hill Road, Claremont

When: Starts Thursday 13th February for 8 weeks
10:45am

Cost: \$40 for the 8 weeks

This is a joint initiative between Womensport & Recreation Tasmania
and Freedom Health & Wellness

For more information or to register, contact: Stacey Aldous - 0417 464 476

Relaunched August 2020
For more information or to
make an inquiry please contact
Janene on 0408 360 200



The Get Active Program (GAP) is a statewide initiative that promotes involvement in physical activity and supports participants to improve their health and wellbeing. GAP is proudly owned by Womensport & Recreation Tasmania Inc and is delivered with support from the Department of Health & Human Services Tasmania and in partnership with many organisations across the state.

For more information visit: www.wsrt.org.au or Like us on Facebook

