

## Get Active Program

## **Westbury & Deloraine**

Would you like to meet new people and make friends?

Learn how to set goals and achieve them?

Would you like to do something for you?

Want to have some fun?

If your answer is YES - then come along and join us

Where: Westbury Sports Centre, Westbury Health Centre and Deloraine

When: Wednesday (3.30 - 4.30pm) and Thursday (1.30 - 2.30 pm)

Who: Any person

Cost: nil

For more information or to register contact:

**Gino Fratangelo 0418 148 855** 







For more information or to register contact:

Gap Facilitator: Gino Fratangelo 0418 148 855



The Get Active Program (GAP) is a statewide initiative that promotes involvement in physical activity and supports participants to improve their health and wellbeing. GAP is proudly owned by Womensport & Recreation Tasmania Inc and is delivered with support from the Department of Health & Human Services Tasmania and in partnership with many organisations across the state.

